**AAA Distracted Driving Presentation Activity**

The instructor or student facilitators will lead students through the following discussion questions after viewing the AAA Distracted Driving presentation.

1. After watching the video, how do you feel about distracted driving?

2. Do you see a need to change your driving behavior or encourage others to change? Why or why not?   
  
3. How long will you travel in a car going 55 mph while you read a text for 4 seconds?   
 Possible correct answers:   
 a. More than 300 feet   
 b. The length of a football field   
  
4. What are common excuses for using a cell phone while driving?   
Possible correct answers:  
 a. It only takes a few seconds   
 b. I’ve never been in a crash   
 c. I’m a safe driver  
 d. Everyone does it   
 e. Driving is boring   
 f. I need to be in contact with family/friends   
  
5. What are some ways to avoid being distracted while driving?   
Possible correct answers:  
 a. Refrain from using a cell phone while driving  
 b. Set your cell phone to automatically turn on Do Not Disturb While Driving   
 c. Set an automatic reply that you are unavailable while driving   
 d. Plan to make periodic stops to retrieve and respond to messages   
 e. Tell friends, family, coworkers about your commitment to drive safer   
 f. Ask your friends, family and coworkers to keep you accountable to not use your cell   
 phone while driving   
  
6. If you’re a passenger, can you help the driver from being distracted? If so, how?   
Possible correct answers:   
 a. Send the text for them  
 b. Answer the phone for them  
 c. Ask if they can pull over to make the call or respond to messages   
  
7. What type of statements are most effective to speak when you feel unsafe as a passenger? Answer: “I” Statements (i.e. “I don’t feel safe when you drive and look at your phone.” vs. “You are such an unsafe driver, it scares me!”)